

DOC LAB NOTE

ITEM (S)

CAN NOT

BE SCANNED

DESCRIPTION

Booklet

Issue.

177

Major

Ability[®]

NEW STATES OF RELEASE

Grade VII - CLEAR

Grade VI - Whole Track Release

Grade VA - Power Plus Release

Grade V - Power Release

Grade IV - Ability Release

Grade III - Freedom Release

Grade II - Relief Release

Grade I - Problems Release

Grade 0 - Communications Release

GRADES YOU CAN ACHIEVE

Scientology Organizations in the
United States and Canada

The Founding Church of Scientology
of Washington, D.C.,
1812 19th Street, N.W., D.C.
Phone: ADams 2-6296

The Church of Scientology of California
2005 W 9th Street, Los Angeles
Phone: DUnkirk 8-3481

The Church of Scientology of New York
200 W 24th Street, New York City.
Phone: WAtkins 4-1142

The Church of Scientology of Michigan
18212 James Couzens Hwy, Detroit
Phone: 342-2767

Scientology - Twin Cities, 2312 32nd
Ave. South, Minneapolis, Minn.
Phone: PArkway 1-2586

The Church of Scientology of Florida
47 SW 11th St., Miami, Florida
Phone: FRanklin 3-5961

The Scientology Foundation
1825 SE Clinton, Portland, Oregon
The Church of Scientology of Hawaii
143 Nenue St., Aina Haina, Honolulu
HASI Toronto, 81 Bloor Street East
Toronto, 5, Ontario, Canada.
Phone: 922-9030

The Founding Church of Scientology
1812 19th Street, N.W.,
Washington 9, D.C. 20009.

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WHAT IS A BOOK AUDITOR?

Someone who has studied books on Scientology and listens to other people to make them better.

WHAT IS A RELEASE?

One who through auditing has been released of all those things of his past that have troubled him.

WHAT IS A CLEAR?

One who through auditing has been permanently cleared of all those things in his past that have troubled him.

SCIENTOLOGY ASSISTS

Assists are a way of helping someone who is hurt or who can not listen or who is not very aware of you for one reason or another.

If somebody is hurt or upset, you can assist in many ways. A burn or bruise or even sprains or breaks heal much more swiftly with Scientology assists. Upsets also yield to an assist.

The most elementary of this First Aid treatment is easily done. For ages Man has known that "laying on of hands" or Mother's kiss was effective therapy. Even gripping, in pain, an injured member, seems to help. But Man neglected the most important part of "laying on of hands". This follows.

Do this exactly and do it with a minimum of talk.

Place your index finger or fingers or palm on the hurt or upset body part, very lightly, and say to the person, "Put your attention on my hand". Now change the position of your finger or palm and have the patient do it again.

It is best to touch the person on spots which are further from his head than the injury. If helping an upset person, touch spots on his head.

Do not talk excessively. But coax him, as you touch, briefly, spot after spot, to put his attention on your finger or fingers or palm.

Change the spot every moment or two. Be calm. Be reassuring.

If the person experiences pain or trembling as a result, keep on for the therapy is working.

Continue in this fashion for many minutes or half an hour if necessary, until pain or upset is gone.

During this treatment the person has his eyes closed.

It is not power from your finger which is healing him. It is power he generates by "looking" at your finger down through his body. You are putting him into communication with the injury. His communication with it heals it.

Ordinarily injuries, sprains, burns, scalds, broken bones, headaches and colds heal slowly because the patient is avoiding their area with his own energy.

**EXERCISE ONE
Better Your Memory**

Go over this list many times, each time answering its questions:

Recall a time which really seems real to you.

Recall a time when you were in good communication with someone.

Recall a time when you agreed to something.

Recall a time when somebody disagreed with you.

Recall a time when you liked somebody.

Recall a time when someone agreed with you.

Recall a time when someone was communicating easily to you.

Recall a time when somebody liked you.

Use this list many times. If "holding corners" (next exercise) disturbs you, use this list above. If you are tired or confused, use it.

This exercise can be done for hours.

Here is a book that does what you don't expect a book to do. It tells you HOW. It tells you the basis of things, and the most basic of things is life itself. This, then is a book about Life.

**THE PROBLEMS OF WORK
By L. Ron Hubbard**

Just get it, read it, try it, and you'll never be the same again.

Send \$1.25 to:

The Distribution Center, Inc.
Box 242, Dept. IP2
Silver Spring, Md. 20907

DO IT TODAY

EXERCISE TWO
Look and Act Younger

Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

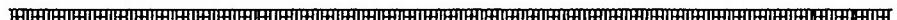
You can do this daily. It will make you look and act younger.

EXERCISE THREE
Feel Freer

Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.



WOULD YOU LIKE SOMEONE TO WRITE TO ABOUT YOUR OWN EXPERIENCES? THEN SEND YOUR NAME AND ADDRESS AND YOUR LETTER TO:

Consultant

The Founding Church of Scientology
1812 - 19th Street, N.W., Washington, D.C. 20009
Telephone ADams 2-6296

Consultant

The Church of Scientology of California
2005 W. 9th Street, Los Angeles, California
Telephone DUnkirk 8-3481

Consultant

The Church of Scientology of New York
200 W. 24th Street, New York, New York
Telephone WAtkins 4-1142



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THIS IS SCIENTOLOGY

ARE YOU A GOOD LISTENER?
A GOOD LISTENER CAN MAKE
PEOPLE BETTER AND CAN
HELP HIMSELF.

BASIC DEFINITIONS by L. RON HUBBARD

WHAT IS SCIENTOLOGY?
Everyone's science of life and betterment.

WHAT IS SCIENTOLOGY AGAINST?
Scientology is against brutality and euthanasia in medical brain damaging, and against abuse and slavery and punishment in any form.

WHAT DOES SCIENTOLOGY STAND FOR?
Freedom from mystery. Freedom from fear.

WHAT IS AN AUDITOR?
An auditor is one who listens. Auditor means listener.

WHAT IS A PRECLEAR?
One who is discovering things about himself and who is becoming clearer.

WHAT IS AN AUDITING SESSION?
A precise period of time during which the auditor listens to the preclear's ideas about himself.

WHAT ARE SCIENTOLOGY PROCESSES?
Questions asked by the auditor to help the preclear find out things about himself.

HOW IS SCIENTOLOGY DIFFERENT?
In Scientology the preclear is always right. Scientology holds that people know best about themselves.

WHAT IS A CO-AUDIT?
A team of any two people who are helping each other reach a better life with Scientology processing.

WHAT IS A CASE GAIN?
Any case betterment according to the preclear.

ROUTING AND GRADATION CHART

FOR TRAINING IN SCIENTOLOGY

AUDITOR CLASSES	CERTIFICATE	REQUIREMENTS	TEACHES ABOUT	PROCESSES TAUGHT	WHERE OBTAINED	AUDITS PCS TO:
Class VII AUDITOR	HUBBARD GRADUATE AUDITOR HGA	INTERNSHIP FOR CLASS	POWER PROCESSING OTHERS	POWER PROCESSES	SAIN T HILL INTERNE FOR AN ORG	PCS TO GRADE V
		CLEARING COURSE	CLEARING SELF	R-6	SAIN T HILL CLEARING COURSE	SELF TO CLEAR
Class VI AUDITOR	HUBBARD SENIOR SCIENTOLOGIST HSS	COURSE VI	THE REACTIVE MIND	R-6EW	SAIN T HILL R-6 COURSE	SELF TO GRADE VI RELEASE
		CERTIFICATE COURSE VI				
Class V AUDITOR	HUBBARD VALIDATED AUDITOR HVA	COURSE V	EXPERT AUDITING	GENERAL AND WHOLE TRACK	SAIN T HILL SPECIAL BRIEFING COURSE	ALL LOWER GRADE RELEASES
		CERTIFICATE COURSE V				
Class IV AUDITOR	HUBBARD ADVANCED AUDITOR HAA	COURSE IV	ABILITIES (SERVICE FACSIMILES)	ASSESSMENTS FOR SERVICE FACSIMILES	ACADEMIES OF SCIENTOLOGY	GRADE IV RELEASE
		CERTIFICATE COURSE IV				
Class III AUDITOR	HUBBARD PROFESSIONAL AUDITOR HPA	COURSE III	FREEDOM (ARC AND ARC BREAKS)	R-4-H ASSESSMENTS	ACADEMIES OF SCIENTOLOGY	GRADE III RELEASE
		CERTIFICATE COURSE III				
Class II AUDITOR	HUBBARD CERTIFIED AUDITOR HCA	COURSE II	RELIEF (OVERT ACTS AND WITHHOLDS)	AUDITING BY LIST (O/W)	ACADEMIES OF SCIENTOLOGY	GRADE II RELEASE
		CERTIFICATE COURSE II				
Class I AUDITOR	HUBBARD TRAINED SCIENTOLOGIST HTS	COURSE I	PROBLEMS	PROBLEMS PROCESSES (5 WAY HELP)	ACADEMIES OF SCIENTOLOGY	GRADE I RELEASE
		CERTIFICATE COURSE I				
Class 0 AUDITOR	HUBBARD RECOGNIZED SCIENTOLOGIST HRS	COURSE 0	COMMUNICATION	LEVEL 0 PROCESSES (COMM PROCESSES)	ACADEMIES OF SCIENTOLOGY	GRADE 0 RELEASE
		CERTIFICATE COURSE 0				
Not Classed	HUBBARD QUALIFIED SCIENTOLOGIST HQS	EVENING OR WEEKEND COURSE OR AS ARRANGED	COOPERATIVE AUDITING (CO-AUDITING)	ASSISTS	EVENING AND WEEKEND FOUNDATIONS FRANCHISE AUDITORS	SCIENTOLOGIST
Not Classed	HUBBARD BOOK AUDITOR HBA	APPLICATION TO SAIN T HILL	DIANETIC AND SCIENTOLOGY BOOKS	VARIOUS	CORRESPONDENCE WITH SAIN T HILL ORG EXTENSION COURSES	SCIENTOLOGIST
Not Classed	HUBBARD APPRENTICE SCIENTOLOGIST HAS	EVENING OR WEEKEND COURSE OR AS ARRANGED	ELEMENTARY COMMUNICATION	COMM CYCLE PROCESSES (TRS)	EVENING AND WEEKEND FOUNDATIONS FRANCHISE AUDITORS	SCIENTOLOGIST
Not Classed	BEGINNING SCIENTOLOGIST Bn. Scn.	AS AVAILABLE	THE ELEMENTS OF SCIENTOLOGY	NONE	FRANCHISE AUDITORS FIELD AUDITORS	DOES NOT AUDIT

FOR SCIENTOLOGY PROCESSING

PRECLEAR GRADES	NAME OF STATE	SUBJECT AUDITED	CLASS OF AUDITOR REQUIRED	WHERE OBTAINED	TRAINING REQUIRED	GRADE PREREQUISITE
O.T. CLEAR	CLEAR	THE REACTIVE MIND	CLASS VI FOR SELF	SAIN T HILL	SAIN T HILL AS WELL AS ORGANIZATION	RELEASE GRADES 0 TO VI
GRADE VI RELEASE	WHOLE TRACK RELEASE	THE WHOLE TRACK	CLASS VI FOR SELF	SAIN T HILL	SAIN T HILL AS WELL AS ORGANIZATION	RELEASE GRADES 0 TO V
GRADE V RELEASE	POWER RELEASE	THE POWER PROCESSES	CLASS VII	SAIN T HILL	NO TRAINING REQUIRED	RELEASE GRADES 0 TO IV
GRADE IV RELEASE	ABILITY RELEASE	ABILITIES (SERVICE FACSIMILES)	CLASS IV OR ABOVE	HUBBARD GUIDANCE CENTRES OR AS AUTHORIZED	NO TRAINING REQUIRED	RELEASE GRADES 0 TO III
GRADE III RELEASE	FREEDOM RELEASE	FIXATION (PAST ARC BREAKS)	CLASS III OR ABOVE	HUBBARD GUIDANCE CENTRES OR AS AUTHORIZED	NO TRAINING REQUIRED	RELEASE GRADES 0 TO II
GRADE II RELEASE	RELIEF RELEASE	OVERTS AND WITHHOLDS	CLASS II OR ABOVE	HUBBARD GUIDANCE CENTRES OR AS AUTHORIZED	NO TRAINING REQUIRED	RELEASE GRADES 0 TO I
GRADE I RELEASE	PROBLEMS RELEASE	PROBLEMS	CLASS I OR ABOVE	HUBBARD GUIDANCE CENTRES OR AS AUTHORIZED	NO TRAINING REQUIRED	RELEASE GRADE 0
GRADE 0 RELEASE	COMMUNICATIONS RELEASE	COMMUNICATION	CLASS 0 OR ABOVE	HUBBARD GUIDANCE CENTRES OR AS AUTHORIZED	NO TRAINING REQUIRED	NONE
UNGRADED	ASSISTS	HQS UNCLASSED	ANY QUALIFIED AUDITOR	NO TRAINING REQUIRED	NONE	

Note: By Scientology AUDITING an individual can attain new states of Existence called RELEASE and CLEAR. While no training is required up to Preclear GRADE V RELEASE, it is then necessary if the individual at GRADE VI Release or Clear is to retain all his gains. The quality of processing has been upgraded in 1965 as higher states have been found. Clear today is a higher state than previously. We once called "Clear" what is today called RELEASE. Clear was higher than was first thought.

Note: Designations found in the processing column refer to text book code numbers.

The third principle is that any philosophic knowledge is only valuable if it is true or if it works.

These three principles are so strange to the field of philosophy, that I have given my philosophy a name: SCIENTOLOGY. This means only 'knowing how to know.'

A philosophy can only be a route to knowledge. It cannot be crammed down one's throat. If one has a route, he can then find what is true for him. And that is Scientology.

Know Thyself ... and the truth shall set you free.

Therefore, in Scientology, we are not concerned with individual actions and differences. We are only concerned with how to show Man how he can set himself or herself free.

This, of course, is not very popular with those who depend upon the slavery of others for their living or power. But it happens to be the only way I have found that really improves an individual's life.

Suppression and oppression are the basic causes of depression. If you relieve those a person can lift his head, become well, become happy with life.

And though it may be unpopular with the slave master, it is very popular with the people.

Common man likes to be happy and well. He likes to be able to understand things, and he knows his route to freedom lies through knowledge.

Therefore, for 15 years I have had Mankind knocking on my door. It has not mattered where I have lived or how remote, since I first published a book on the subject, my life has no longer been my own.

I like to help others and count it as my greatest pleasure in life to see a person free himself of the shadows which darken his days.

These shadows look so thick to him and weigh him down so that when he finds they are shadows and that he can see through them, walk through them and be again in the sun, he is enormously delighted. And I am afraid I am just as delighted as he is.

I have seen much human misery. As a very young man I wandered through Asia and saw the agony and misery of overpopulated and under-developed lands. I have seen people uncaring and stepping over dying men in the streets. I have seen children less than rags and bones. And amongst this poverty and degradation I found holy places where wisdom was great, but where it was carefully hidden and given out only as superstition. Later, in Western universities, I saw Man obsessed with materiality and with all his cunning, I saw him hide what little wisdom he really had in forbidding halls and make it inaccessible to the common and less favoured man. I have been through a terrible war and saw its terror and pain uneased by a single word of decency or humanity.

I have lived no cloistered life and hold in contempt the wise man who has not lived and the scholar who will not share.

There have been many wiser men than I, but few have travelled as much road.

I have seen life from the top down and the bottom up. I know how it looks both ways. And I know there is wisdom and that there is hope.

Blinded with injured optic nerves, and lame with physical injuries to hip and back, at the end of World War II, I faced an almost non-existent future. My Service record states: 'This officer has no neurotic or psychotic tendencies of any kind whatsoever,' but it also states 'permanently disabled physically.'

And so there came a further blow I was abandoned by family and friends as a supposedly hopeless cripple and a probable burden upon them for the rest of my days. I yet worked my way back to fitness and strength in less than two years, using only what I knew and could determine about Man and his relationship to the universe. I had no one to help me; what I had to know I had to find out. And it's quite a trick studying when you cannot see.

I became used to being told it was all impossible, that there was no way, no hope. Yet I came to see again and walk again, and I built an entirely new life. It is a happy life, a busy one and I hope a useful one. My only moments of sadness are those which come when bigoted men tell others all is bad and there is no route anywhere, no hope anywhere, nothing but

sadness and sameness and desolation, and that every effort to help others is false. I know it is not true.

So my own philosophy is that one should share what wisdom he has, one should help others to help themselves, and one should keep going despite heavy weather for there is always a calm ahead. One should also ignore catcalls from the selfish intellectual who cries: 'Don't expose the mystery. Keep it all for ourselves. The people cannot understand.'

But as I have never seen wisdom do any good kept to oneself, and as I like to see others happy, and as I find the vast majority of the people can and do understand, I will keep on writing and working and teaching so long as I exist.

For I know no man who has any monopoly upon the wisdom of this universe. It belongs to those who can use it to help themselves and others.

If things were a little better known and understood, we would all lead happier lives.

And there is a way to know them and there is a way to freedom.

The old must give way to the new, falsehood must become exposed by truth, and truth, though fought, always in the end prevails.



FOR MORE INFORMATION ABOUT SCIENTOLOGY COME TO AN INTRODUCTORY LECTURE ANY WEEKDAY EVENING AT THE SCIENTOLOGY FOUNDATION . . .
OR WRITE TO:

FOUNDING CHURCH OF SCIENTOLOGY 1812 19th St., N. W. Washington, D. C. 20009

MY PHILOSOPHY

by
L. Ron Hubbard

The subject of philosophy is very ancient. The word means: 'The love, study or pursuit of wisdom, or of knowledge of things and their causes, whether theoretical or practical.'

All we know of science or of religion comes from philosophy. It lies behind and above all other knowledge we have or use.

For long regarded as a subject reserved for halls of learning and the intellectual, the subject, to a remarkable degree, has been denied the man in the street.

Surrounded by protective coatings of impenetrable scholarliness, philosophy has been reserved to the privileged few.

The first principle of my own philosophy is that wisdom is meant for anyone who wishes to reach for it. It is the servant of the commoner and king alike and should never be regarded with awe.

Selfish scholars seldom forgive anyone who seeks to break down the walls of mystery and let the people in. Will Durant, the modern American philosopher, was relegated to the scrap heap by his fellow scholars when he wrote a popular book on the subject, 'The Outline of Philosophy.' Thus brick bats come the way of any who seek to bring wisdom to the people over the objections of the 'inner circle'.

The second principle of my own philosophy is that it must be capable of being applied.

Learning locked in mildewed books is of little use to anyone and therefore of no value unless it can be used.

RELEASE SUCCESS CONGRESS SURVEY

EACH CONGRESS MEMBER IS REQUESTED TO FILL IN THIS FORM AND HAND IT IN TO THE HCO BOOTH AT THE RELEASE SUCCESS CONGRESS.

YOUR NAME _____

ADDRESS _____

1. Are you a Former Release?
(If you do not know, get your free Release Check from the "REVIEW Booth" and find out)
2. Have you had any previous auditing?
3. Have you attained one or more Grades of Release?
(if you have, name it or them)
(if you had been Rehabilitated on "First" or "Second Stage" Release and don't know which Grade of Release it is, go to the "REVIEW Booth" for a free check to find out.)
4. What is your next Grade to obtain?
(check with Registrar - she will show you the chart)
5. When will you obtain it?
(give planned date of next auditing)
6. Have you had any training?
7. What courses?
8. What certificates do you hold?
9. What classifications do you hold?
10. What is your next level of training to take?
(check with Registrar - she will show you the chart)
11. When will you take it?
(give planned date of next training)
12. Are you eligible to be a Field Staff Member?
(if uncertain, check with the Director of Clearing at the CONGRESS Booth)
13. Are you a Field Staff Member?
(if you are, go greet the Director of Clearing at the CONGRESS Booth)
14. Are you a Distribution Officer?
(if you are, go buy some more books from the BOOK Booth, if you are not find out about it from the Director of Field Activities at the CONGRESS Booth.)
15. Are you interested in being a Staff Member and receiving the benefits of Staff?
(if so, see the HCO Executive Secretary at the HCO Booth)

HAND IN THIS FORM TO THE HCO BOOTH.

THANK YOU,

Joseph Breeden,
CONGRESS MANAGER

RELEASE SUCCESS CONGRESS

STAFF

Host - John Fudge, Organization Executive Secretary, D.C.
Hostess - Donna Fisk Reeve, A/HCO Executive Secretary, D.C.
Manager - Joseph Breeden, A/Distribution Secretary, D.C.
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 Donna Reeve(Chairwoman)
 Charles Reeve
 John Parker
 Jon Batson
 Marshall Dorsey
 Sheila Aldrich
 Kitty Napolitano
 Bill Knop
Seminar Captain
 Fred Payer,
 Director of Training, D.C.
Seminar Leaders
 Pem Wall
 David Aldrich
 Candy Lambright
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Transportation and Moving
 Phil Young
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HCO Booth
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Release Success

PROGRAMME

SCIENTOLOGY



CONGRESS

January 1st & 2nd 1966

WASHINGTON-HILTON HOTEL

WASHINGTON, D.C.

SUNDAY, JANUARY 2, 1966

SATURDAY, JANUARY 1, 1966

REGISTRATION: 9:30 AM - 1:00 PM
OPENING ADDRESS: 1:00 PM - 1:15 PM
LECTURE FILM: 1:15 PM - 2:15 PM
SEMINAR: 2:15 PM - 2:45 PM
BREAK: 2:45 PM - 3:15 PM
LECTURE FILM: 3:15 PM - 4:15 PM
SEMINAR: 4:15 PM - 4:40PM
FIELD STAFF MEETING: 5:00 PM - 6:30 PM
CONGRESS PARTY: 8:00 PM - 12:00 MIDNITE

LECTURE FILM: 9:00 AM - 10:00 AM
SEMINAR: 10:00 AM - 10:30 AM
BREAK: 10:30 AM - 11:00 AM
LECTURE FILM: 11:00 AM - 12:00
LECTURE FILM: 11:00 AM - 12:00 NOON
SEMINAR: 12:00NOON-12:30 PM
LUNCH: 12:30 PM - 1:30 PM
LECTURE FILM: 1:30 PM - 2:30 PM
SEMINAR: 2:30PM - 3:00 PM
BREAK: 3:00PM - 3:45 PM
LECTURE FILM: 3:45PM - 4:45 PM
SEMINAR: 4:45 PM - 5:15 PM
CHRISTENING CEREMONY: 5:15 PM - 5:30 PM
CLOSING ADDRESS: 5:30 PM - 5:40 PM